











Foundation Curriculum map

Unit	Learning Focus	Weeks	FUNS Station	Theme
1	Personal	1-3	 10 Coordination Footwork	 The Birthday Bike Surprise
		4-6	 1 Static Balance One Leg	 Pirate Pranks
2	Social	7-9	 6 Dynamic Balance to Agility Jumping and Landing	 Journey to the Blue Planet
		10-12	 2 Static Balance Seated	 Monkey Business
3	Cognitive	13-15	 5 Dynamic Balance On a Line	 Tilly The Train's Big Day

- I can understand and follow simple rules.

Level Pre-1

- I can follow simple instructions.

16-18

4

Static
Balance
Stance



Thembi
Walks the
Tightrope

4

Creative

Level 1

- I can explore and describe different movements.

Level Pre-1

- I can observe and copy others.

19-21

9

Coordination
Ball Skills



Clowning
Around

22-24

7

Counter
Balance
With a
Partner



Wendy's
Water-ski
Challenge

5

Physical

Level 1

- I can perform a small range of skills and link two movements together.
- I can perform a single skill or movement with some control.

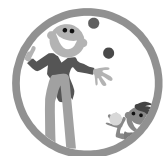
Level Pre-1

- I can move confidently in different ways.

25-27

8

Coordination
Sending and
Receiving



John and
Jasmine
Learn to
Juggle

28-30

12

Agility
Reaction /
Response



Ringo to the
Rescue

6

Health
and
Fitness

Level 1

- I am aware of why exercise is important for good health.

Level Pre-1

- I am aware of the changes to the way I feel when I exercise.

31-33

11

**Agility
Ball Chasing**



**Sammy
Squirrel and
his Rolling
Nuts**

34-36

3

**Static
Balance
Floor Work**



**Caspar the
Very Clever
Cat**